

The Ascension of The Flying Purple Caterpillar & Other Spiritual Parables

Lara De Ann

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"The Ascension of the Flying Purple Caterpillar and Other Spiritual Parables" is yet another inspirational book by Lara De Ann, author of "Piece of Planet or Planet of Peace: A Journey Through Letting Go Told in Prose and Poetry." The value of parables can never be underestimated; the simplest of narrative forms, they are an excellent vehicle to convey spiritual truths and messages. Lara hopes that after reading her book readers will share these stories in an oral tradition with everyone around them. According to her, "all of the parables in this book are channeled through my writing from a higher source."

In the title story, Tony is a caterpillar who is not only purple in color, but also possesses a pair of wings. She can "fly to the treetops and see things beyond a caterpillar's dreams," but, alas, she is lonely and deeply distressed because she is so different from her other friends. She cuts off her wings with a stone and seeks the help of Evergreen tree to change her color to green. Now that she looks just like the other caterpillars, she feels confident to make friends, and spends time talking, playing, hiking, and chewing leaves along with them. However, Tony soon grows sick and is unhappy once again. Upon visiting Grandma Who, the wise owl that lives atop the old oak tree, she is advised, "Be who you are! Then you will fly again." Finally, Tony learns some valuable life lessons - the need to grow before she can really fly, and to be who she really is, "a Purple Flying Butterfly choosing to be on Earth to be of service."

If Tony is a flying caterpillar in the previous tale, Robin is a walking butterfly in the story "A White Buffalo Made Me Do It." This butterfly refuses to fly because she is under the delusion that her wings are not real; she considers them a figment of everyone else's imagination. By helping her "let go of her own illusions," Mrs. White Buffalo helps Tony to use her wings to fly and discover her true potential. Another inspiring story, "Jake the Mat Weaver," is about a blind and deaf man who weaves beautiful mats for just three cents each. This parable also invites readers to reflect on life - "Life is like a woven mat. We weave our experiences into it. Each experience becomes a new weave. Weave this miracle into your life and let it permeate you" and allow "experience to create patterns of beauty within."

This collection comprises a total of twelve captivating, thought-provoking stories that impart valuable lessons on patience, the power of prayer, centering, the joys of service, exploring one's creativity, cultivating self-love, being true to one's nature, positive thinking, overcoming fears, being in the moment, and trusting the Universe. Each parable contains multiple messages; for instance, "Where Have All The Colors Gone" teaches the importance of being non-judgmental, the power of creative visualization, patience, and surrendering to God. Toward the end of the book, there is a section called "The Camphor Tree Stories" that includes two parables with powerful messages that will definitely appeal to environmentalists.

"The Ascension of the Flying Purple Caterpillar and Other Spiritual Parables" teaches profound spiritual lessons in a gentle way. It is a simple, yet empowering book for anyone seeking to enrich his/her life and for sharing with friends and loved ones.

Lara De Ann is a spiritual guide and energy healer, and she runs a non-profit organization called Sunspirit Foundation, which helps people attain Peace on Earth. "She strongly believes that we all have a purpose to help transform our world into its original plan: a playful, peaceful, harmonious, balanced planet." Besides writing, Lara's creativity extends to art as well; she owns a greeting card company called MandalaGreetings.com, and is the creator of a unique world peace necklace that can be obtained from WorldPeaceNecklace.com.

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